

ONLY GOODNESS™MC



Our lengthy free from list is a comprehensive collection of everything you won't ever find in our products.

It's a list worth reading!

Ingredients

You'll never find these ingredients in our Only Goodness products!

- Acesulfame-K (Acesulfame Potassium)
- Acetylated Mono +/or Diglycerides
- Advantame
- Aluminum Leavening Agents
- Ammonium Chloride
- Ammonium Sulfate
- Artificial Flavours
- Artificial Colours
- Artificial Smoke Flavouring
- Aspartame
- Azodicarbonamide
- Benzoates
- Benzoic Acid
- Benzoyl Peroxide
- Benzyl Alcohol
- BHA/BHT (ingredient or in packaging material)
- Bleached Flour
- Blue 1/Blue 1 Lake
- Blue 2/Blue 2 Lake
- BPA (Bisphenol A) (in packaging material)
- Bromated Flour (e.g., potassium bromate, or calcium bromate)
- Brominated Vegetable Oil (BVO)
- Butylparaben
- Calcium Bromate
- Calcium Disodium EDTA
- Calcium Peroxide
- Calcium Propionate
- Calcium Saccharin
- Calcium Sorbate
- Calcium Stearoyl Lactylate
- Caprenin/ Caprocaprylobehenin
- Caramel Colour (Class I Non-GMO source is acceptable)
- Carbon Monoxide (used in processing)
- Carboxymethylcellulose
- Carmine
- Certified Colours (e.g., Blue 1)
- Citrus Red 2
- Cochineal Extract
- Cysteine (L-cysteine) in bread
- DATEM (Diacetyl Tartaric Acid Esters of Mono/Diglcerides)
- Dimethylpolysiloxane/ Dimethicone
- Disodium Dihydrogen EDTA
- Disodium Guanylate
- Disodium Inosinate
- Disodium pyrophosphate (sodium acid pyrophosphate)
- Dodecyl Gallate
- EDTA (Ethylenediamine Tetraacetic Acid)
- Erythorbic Acid
- Erythritol
- Ethoxylated Mono +/or Diglycerides
- Ethoxyquin
- Ethylparaben
- Ethyl Vanillin
- Glucose-Fructose Syrup
- Glycerol Ester of Gum Rosin
- Glycerol Ester of Wood Rosin
- Green 3/Green 3 Lake
- Hexa-, Hepta- and Octa-esters of sucrose
- Heptylparaben
- High Fructose Corn Syrup (HFCS)
- Hydrogenated Oils & Fats
- Hydrogenated Starch Hydrolysates
- Hydrolyzed Whey Protein
- Hydrolyzed Yeast Extract
- Inosine Monophosphate (IMP)
- Interesterified Fats
- Iron Oxide (if synthetically derived)
- Irradiated Foods
- Isomalt
- Lactitol
- Lactylated Mono- and Diglycerides
- L-Cysteine (a s an additive)
- Maltitol
- Maltitol Syrup
- Maltodextrin (highly processed)
- Mannitol
- Methylene Chloride Methylparaben
- Methyl Silicone
- Microparticularized Whey Protein
- Modified food starch if chemically modified
- MSG (naturally occurring allowed)
- Natamycin
- Neotame
- Nitrates/Nitrites (naturally occurring allowed)
- Octyl Gallate
- Orange B (food colour)
- Partially Hydrogenated Oils & Fats (e.g., partially hydrogenated • soybean, cottonseed, coconut, palm oil)
- Polydextrose
- Polyglycerol Esters of Fatty Acids
- Polypropylene Glycol
- Polysorbate 60
- Polysorbate 65
- Polysorbate 80
- Potassium Benzoate
- Potassium Bisulfite
- Potassium Bromate
- Potassium Metabisulfite
- Potassium Nitrate or Nitrite
- Potassium Propionate
- Potassium Sorbate
- Propionates
- Propionic Acid
- Propylene Glycol
- Propyl Gallate
- Propylparaben
- rBST (rBGH – recombinant bovine growth hormone or other synthetic growth hormones)
- Red 3 (food colour)
- Red 40/Red 40 Lake
- Saccharin
- Sodium Aluminum Phosphate
- Sodium Aluminum Sulfate
- Sodium Benzoate
- Sodium Bisulfite
- Sodium Diacetate
- Sodium Erythorbate
- Sodium Glutamate (naturally occurring allowed)
- Sodium Hexametaphosphate
- Sodium Metabisulfite
- Sodium Nitrate or Nitrite (naturally occurring allowed)
- Sodium Propionate
- Sodium Saccharin
- Sodium Silicoaluminate
- Sodium Sorbate
- Sodium Stearoyl Lactylate
- Sodium Sulfite
- Sodium Tripolyphosphate
- Sorbic Acid
- Sorbitol
- Sorbitol Syrup
- Stannous Chloride
- Succinic Acid
- Sucralose
- Sucroglycerides
- Sucrose Fatty Acid Esters
- Sucrose Polyester (Olestra, banned)
- Sulfur Dioxide
- Synthetic Colours (FD&C and certified)
- Synthetic Iron Oxide
- TBHQ (Tertiary Butylhydroquinone)
- Tetrasodium EDTA
- Titanium Dioxide
- Trans Fat
- Vanillin (synthetically derived)
- Xylitol
- Yellow 5/Yellow 5 Lake (colour)
- Yellow 6/Yellow 6 Lake (colour)

Beauty

You'll never find these additives in our Only Goodness products!

- Artificial Fragrances
- Benzalkonium Chloride Benzene
- Benzethonium Chloride
- Benzoic Acid (as an additive)
- Benzyl Alcohol
- Benzyl Butyl Phthalate (BBP)
- Bronidox (5-Bromo-5-Nitro-1, 3 Dioxane)
- Bronopol (2-Bromo-2-Nitro-1,3 Propanediol)
- Butylparaben
- Calcium Disodium EDTA
- Certified Colours/Dyes
- Chloroxylenol
- Coal Tar
- Cocamide DEA
- Cocamide MEA
- DEA Compounds
- DEA (Diethanolamine)
- Diazolidinyl Urea
- Dibutyl Phthalate (DBP)
- Dicyclohexyl Phthalate (DCHP)
- Diethanolamine (DEA)
- Diethylhexyl Phthalate (DEHP)
- Diethyl Phthalate (DEP)
- Dihexyl Phthalate (DnHP)
- Diisobutyl Phthalate (DIBP)
- Diisodecyl Phthalate (DIDP)
- Diisononyl Phthalate (DINP)
- Dimethyl Phthalate (DMP)
- Dimethyl Polysiloxane (Dimethicone)
- Dioctyl Phthalate (DNOP)
- Dipentyl Phthalate (DPENP)
- Disodium EDTA
- DMDM Hydantoin
- EDTA (Ethylenediamine Tetraacetic Acid)
- Ethylparaben
- Formaldehyde
- Formaldehyde Carriers/ Donors/Releasers
- Heptylparaben
- Hexa, Hepta and Octaesters of sucrose
- Hydroxymethylglycinate
- Imidazolidinyl Urea
- Isobutylparaben
- Lauramide DEA
- Lauramide MEA
- MEA (Monoethanolamine)
- Methylparaben
- Microbeads
- Mineral Oil
- Monoethanolamine (MEA)
- Nonylphenol Ethoxylates
- Optical Brighteners
- Oxomethane
- Parabens
- Paraffin Wax
- Parfum Fragrance (synthetic fragrances)
- PEGs
- Petrolatum
- Phenoxyethanol
- Phthalates
- Polyethylene Glycol
- Polyquaternium 7
- Polyquaternium 10
- Polysorbate 20
- Polysorbate 60
- Polysorbate 80
- Propylene Glycol
- Propylparaben
- Quaternium 15
- Silicones
- Sodium Laureth Sulfate (SLES)
- Sodium Lauryl Sulfate (SLS)
- Sulfates
- Synthetic Colours (FD&C, D&C and certified colours)
- Synthetic Fragrances
- TEA (Triethanolamine)
- Tetrasodium EDTA
- Titanium Dioxide
- Toluene
- Triclosan
- Triethanolamine (TEA)

Vitamins

You'll never find these ingredients in our Only Goodness products!

- Acesulfame-K (Acesulfame Potassium)
- Acetoin
- Acetylpropionyl
- Acetyl Tributyl Citrate
- Acetyl Triethyl Citrate
- Advantame
- Alcohols
- Allyl Hexanoate
- Artificial Flavours
- Artificial Preservatives
- Artificial Sweeteners
- Aspartame
- Benzaldehyde
- Benzene
- Benzoates
- Benzoic Acid
- Benzyl Alcohol
- Benzylparaben
- BHA/BHT (as an ingredient or in packaging material)
- Blue 1/Blue 1 Lake colour
- Blue 2/Blue 2 Lake colour
- BPA (Bisphenol A) (in packaging material)
- Brominated Vegetable Oil (BVO)
- Butylparaben
- Calcium Disodium EDTA
- Calcium Propionate
- Calcium Saccharin
- Calcium Sorbate
- Caramel Colour
- Carmine
- Carrageenan
- Castor Oil
- Certified Colours (e.g., Blue 1)
- Cinnamaldehyde
- Class 1 Solvents
- Cochineal Extract
- Diacetyl
- Diacetylated Monoglycerides
- Dibutyl Sebacate
- Dichloroethane
- Diethyl Phthalate
- Dimethylpolysiloxane (dimethicone)
- Dioctyl sodium sulfosuccinate (DSS)
- Disodium Calcium EDTA
- DL-Alpha Tocopherol (synthetic vitamin E)
- DMAA (1, 3-dimethylamylamine, methylhexanamine or geranium extract)
- EDTA (Ethylenediamine
- Tetraacetic Acid)
- Ethoxyquin
- Ethyl Decadienoate
- Ethyl Maltol
- Ethylparaben
- Ethyl Propionate
- Ethyl Vanillin
- FD&C colours
- Glucose-Fructose Syrup
- Glycerol Esters
- Green 3/Green 3 Lake Colour
- Heptylparaben
- High Fructose Corn Syrup (HFCS)
- Hydrogenated Oils & Fats
- Hydrolyzed Fats
- Interesterified Fats
- Isoamyl Acetate
- Isobutylparaben
- Isopropylparaben
- Limonene
- Magnesium Silicate (Talc)
- Methyl Anthranilate
- Methylparaben
- Methyl Salicylates
- Monomethyl Ether
- Neotame
- Nitrates/Nitrites (naturally occurrin are acceptable)
- Parabens
- Partially Hydrogenated Oils & Fats (e.g., partially hydrogenated soybean, cottonseed, palm oil)
- Pesticides
- Plasticizers
- Polyethylene Glycol
- Polyphosphates (synthetic)
- Polysorbates (e.g., polysorbate 80)
- Potassium Benzoate
- Potassium Propionate
- Potassium Sorbate
- Propionates
- Propionic Acid
- Propylene Glycol
- Propylparaben
- Red 3 colour
- Red 40/Red 40 Lake colour
- Saccharin
- Salicylates
- Silicate
- Sodium Benzoate
- Sodium Propionate
- Sodium Saccharin
- Sodium Sorbate
- Sorbates
- Sorbic Acid
- Sorbitol Sorbitan Solution
- Sucralose
- Sulfites
- Synthetic Colours (FD&C and certified colours)
- Talc
- Tallow
- Tetrasodium EDTA
- Titanium Dioxide
- Trans Fats
- Triacetin
- Tributyl Citrate
- Triethyl Citrate
- Yellow 5/Yellow 5 Lake colour
- Yellow 6/Yellow 6 Lake colour

Household

You'll never find these chemicals in our Only Goodness products!

- Ammonia
- BHA/BHT
- Carbomer
- Chlorine Bleach
- Diazolidinyl Urea
- Diethanolamine (DEA)
- Disodium EDTA
- DMDM Hydantoin
- Formaldehyde
- Formaldehyde Carriers/ Donors
- Imidazolidinyl Urea
- Monoethanolamine (MEA)
- Optical Brighteners
- Parfum Fragrance (synthetic fragrances)
- Petrochemicals
- Petroleum
- Petroleum Derived Thickeners
- Phosphates
- Phthalates
- Quaternary Ammonium Compounds
- Sodium Hydroxymethylglycinate
- Sodium Polyacrylate
- Synthetic Chelators
- Synthetic Solvents
- Triclosan
- Tetrasodium EDTA
- Urea Formaldehyde Copolymer